

Personal Protective Equipment (PPE)...

Keeping Yourself Safe!



You know how to put on and take off PPE correctly and when it should be worn.

Here are some important tips to avoid contamination.

MASKS

- DO NOT:**
- hang off one ear or under your chin
 - place on a table, desk, your lap, etc. or hang on a hook
 - carry around by the ear loops
 - touch the front of your mask

*If you manipulate your mask, you must perform hand hygiene.

*If you remove your mask, perform hand hygiene and replace with new mask.

EYE PROTECTION

- DO NOT:**
- wear on top of your head (like sunglasses)
 - place used eye protection on a table, desk, your lap, etc.

GLOVES

- DO NOT:**
- wash or use sanitizer on gloves
 - touch eyeglasses, phone, pager, face, etc. with your gloves

* Always change gloves between each patient/resident/client encounter.